



MINUTES OF THE BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Sachi A. Hamai, Executive Officer-  
Clerk of the Board of Supervisors  
383 Kenneth Hahn Hall of Administration  
Los Angeles, California 90012

At its meeting held January 29, 2008, the Board took the following action:

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Supervisor Burke made the following statement:

“During the month of February, many activities are being planned throughout the County of Los Angeles to focus attention on the importance of preventing heart disease. Cardiovascular Disease (CD) is the leading cause of death and claims the lives of over 460,000 American females (about one death per minute) each year; and stroke is the third leading cause of death for women.

“Once thought of as a man’s disease, heart disease actually kills more women than men, with symptoms and risk factors that can be different from men. Each year 53% of all CD deaths occur in females as compared to 47% in men. More women die from heart disease than the next five leading causes combined, including cancer. Nationally, heart disease causes one woman to die every minute. In addition, 32,800 more females than males die from a stroke. The good news is that heart disease is predictable, preventable, treatable and reversible!

“‘Go Red For Women’ is the American Heart Association’s national call to increase awareness about heart disease and to inspire women to take charge of their heart health. All women should learn their own personal risk for heart disease, using tools such as the American Heart Association’s Go Red For Women Heart Check Up and by speaking to their personal physician.

“The Board of Supervisors has taken an active leadership role in promoting the importance of a healthy lifestyle by declaring February 2008 as the ‘American Heart Month’ and encouraging everyone to reduce the risk of heart disease by being active, eating smart, not smoking, and getting an annual medical examination.”

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Therefore, on motion of Supervisor Burke, seconded by Supervisor Antonovich, unanimously carried (Supervisor Molina being absent), the Board took the following actions:

1. Endorsed the American Heart Association's "Go Red for Women" national campaign; and proclaimed February 1, 2008 as "Wear Red Day for Women" throughout Los Angeles County in order to encourage all County residents to participate in the campaign;
2. Instructed the Auditor-Controller to include a message on the February 15, 2008 paycheck for all County employees to bring awareness to the national campaign by the American Heart Association's "Go Red for Women" month; and
3. Encouraged everyone to reduce the risk of heart disease by being active, eating smart, not smoking, and getting checked regularly.

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Copies distributed:

Each Supervisor  
Chief Executive Officer  
County Counsel  
Auditor-Controller